

T M D S A S AppTips







What to Do on Interview Day

Dress to Impress

Interview day is your opportunity to If your travel arrangements allow, demonstrate your professionalism and maturity—this begins with how you present yourself.

Applicants should ensure that they are rested, well groomed, and dressed professionally. Your attire should be reflective of the impression you wish to leave on your interviewers and on the school's admissions staff.

If you have any concerns about what you should or should not wear, you can find several resources online about what is acceptable for an interview.

In general, you want to make sure that your clothes are not your defining characteristic on interview day. Use your best judgement on what you should or should not wear. If you have concerns about a certain aspect of your attire, it is best to err on the side of caution.

Be Ready

you should preview the route you will take to arrive at the school and verify that you can find the parking location and building.

As you plan your outfit for interview day, make sure you plan on using appropriate, but comfortable, footwear. You will need to be able to walk during campus tours without being disruptive to the activities of the dav.

On the morning of your interviews, you will want to make sure you provide yourself plenty of time to get ready, eat breakfast, and arrive at your interview site well before the set time.

Your interview begins from the moment you enter the campus; be respectful, courteous, and professional with everyone you meet.

Reflect

You should make sure to have a small notebook and pen to write down important facts throughout the day. You will likely be overwhelmed at first with how much happens on interview day, and these notes will help you keep your ideas together.

If you interview at multiple schools, these notes can be beneficial to help you make a decision on how you would like to rank your schools prior to the TMDSAS match.

At the end of the day, write down your impressions of the school. Consider these questions:

- Did you like the school?
- What do you like about the curriculum?
- How do you feel about your interviews?

Having clear notes about your interview day can help you make a better decision when you create your match preference list.

Health Professions Office. (2016). The med school interview: A how-to guide to doing the best in your interview. The University of Texas at Austin. Sources: Sanker, R. Diaz, L. E., White, B. A. A. (2014). Guide to becoming a physician. Dubuque, IA: Kendall Hunt Publishing Company.