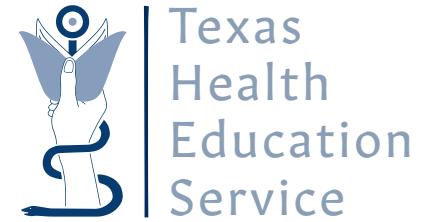


Questions and Myths about TMDSAS

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Enrique Jasso, Jr., M.A. | TXHES Associate Director



Today's Objectives

- Challenge common myths about applying to Texas medical schools
- Become a pre-health insider, empowered with data and information to position you for success

Member Institutions

Medical Schools

- Baylor College of Medicine (New for 2022)
- Long School of Medicine at UT HSC San Antonio
- McGovern Medical School at UT HSC Houston
- Sam Houston State University College of Osteopathic Medicine
- Texas A&M HSC College of Medicine
- Texas Tech HSC Paul L Foster SOM at El Paso
- Texas Tech HSC SOM at Lubbock
- UNT HSC Texas College of Osteopathic Medicine
- UT Austin Dell Medical School
- UT Medical Branch at Galveston
- UT Rio Grande Valley School of Medicine
- UT Southwestern Medical Center
- University of Houston College of Medicine

Dental

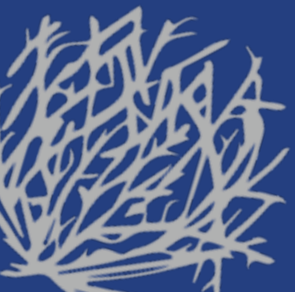
- Texas A&M Univ College of Dentistry
- UT School of Dentistry at Houston
- UT School of Dentistry at San Antonio
- Woody L. Hunt School of Dental Medicine

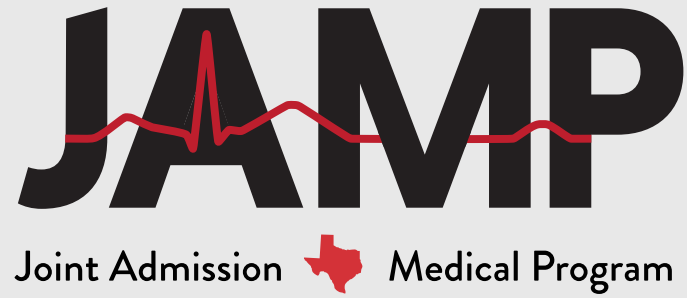
Veterinary

- Texas A&M University College of Veterinary Medicine
- Texas Tech University School of Veterinary Medicine



What makes TMDSAS unique?





Making the path to medical school
a reality for Texans.

www.texasjamp.org

TMDSAS Differentiators

- You can submit your application *before* letters of evaluation and test scores are sent
- Transcripts required upon request only
- TMDSAS calculates standard letter grade GPAs
- Processing includes state residency determinations and coursework coding and evaluation
- Uniform for all participating member medical institutions
- Flat rate application fee

Why Is Residency Important?

Texas law classifies each person who applies for admission to a Texas public college or university as:

- A resident of Texas;
- A nonresident; or
- A foreign (international) student.

[Texas state law](#) requires that no more than 10% of the entering classes of medical and dental schools can be made up of non-Texas residents.

TMDSAS GPA Calculations

- What's included in my GPA calculation?
 - Your overall GPA is a calculation of **all your entered coursework**.
 - The BCPM GPA is comprised of all biology, chemistry, physics, and math-based work.
- Why is my TMDSAS GPA different than the GPA listed on my transcript?
 - **TMDSAS calculates the flat grade**, even if a +/- is indicated on the transcript.
- Your GPA trends matter!

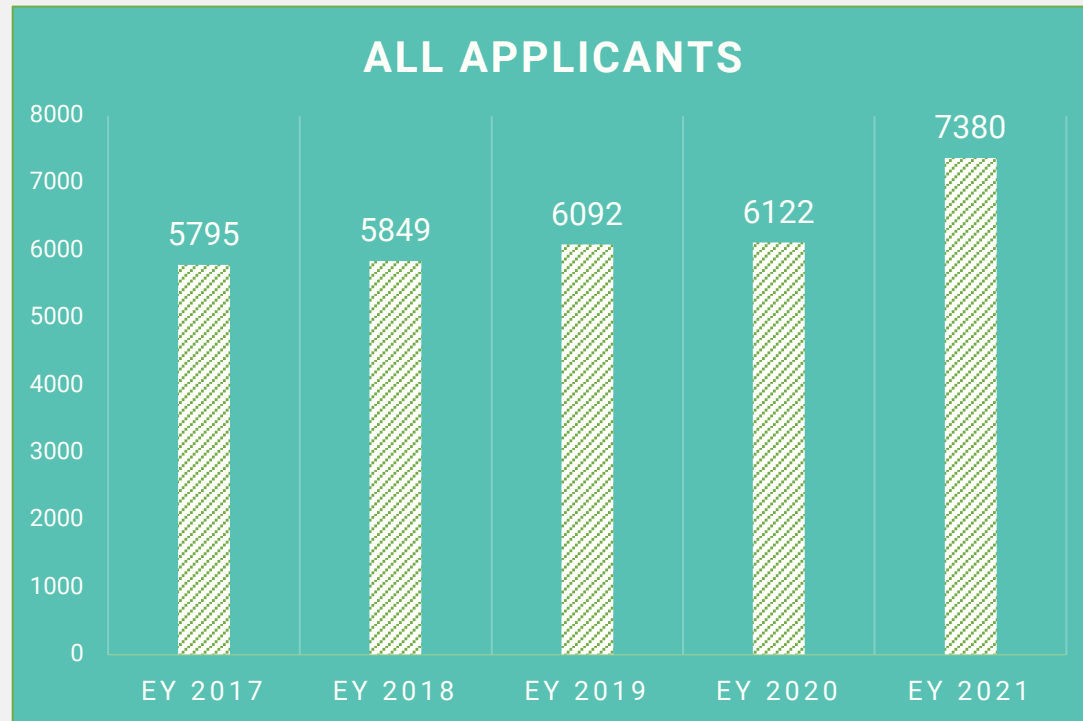
	Fall	Spring	Summer	Cumulative
Pre-Freshman	-	-	-	2.80
Freshman	3.5	2.5	2.0	2.65 ↓
Sophomore	3.5	3.7	3.8	2.90 ↑
Junior	3.9	4.0	4.0	3.45 ↑
Senior	3.8	3.7	3.9	3.79 ↑

How did last year's increase
in applications affect TMDSAS
admissions stats?



Medical Applicants by the Numbers

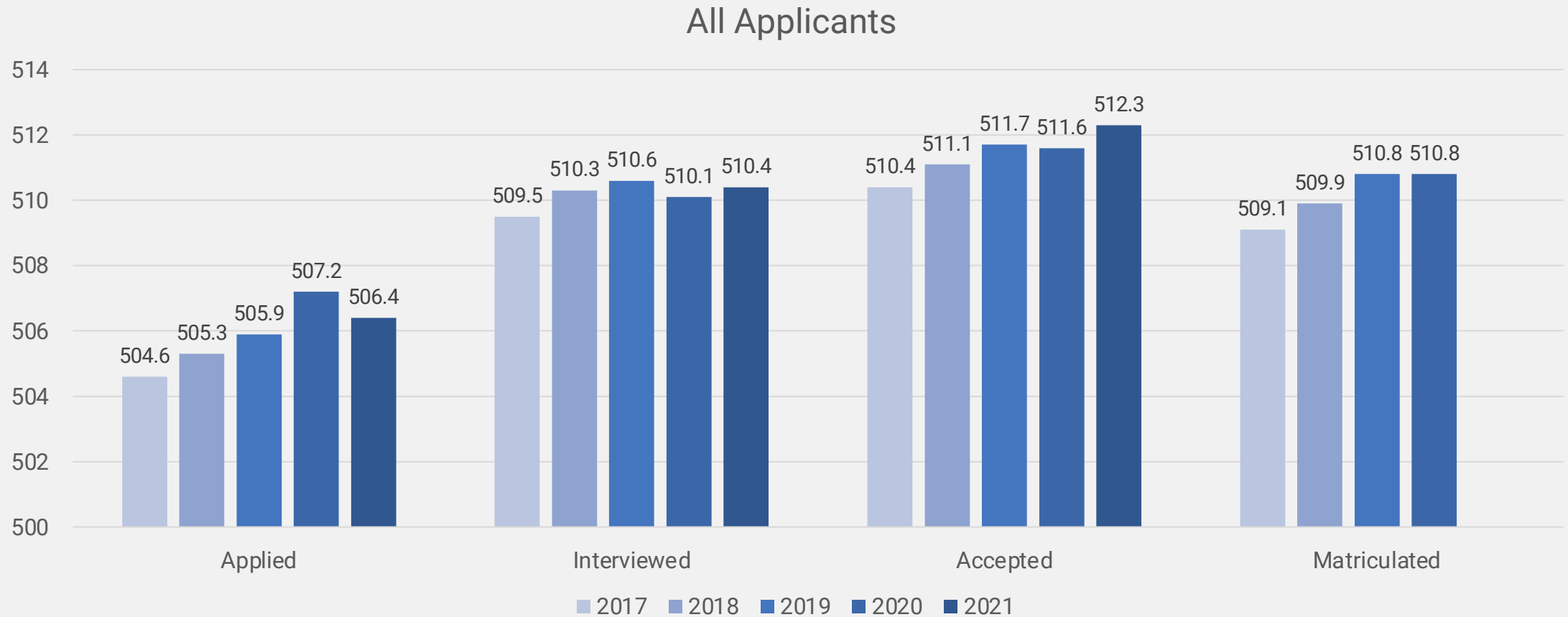
Applicant Pool



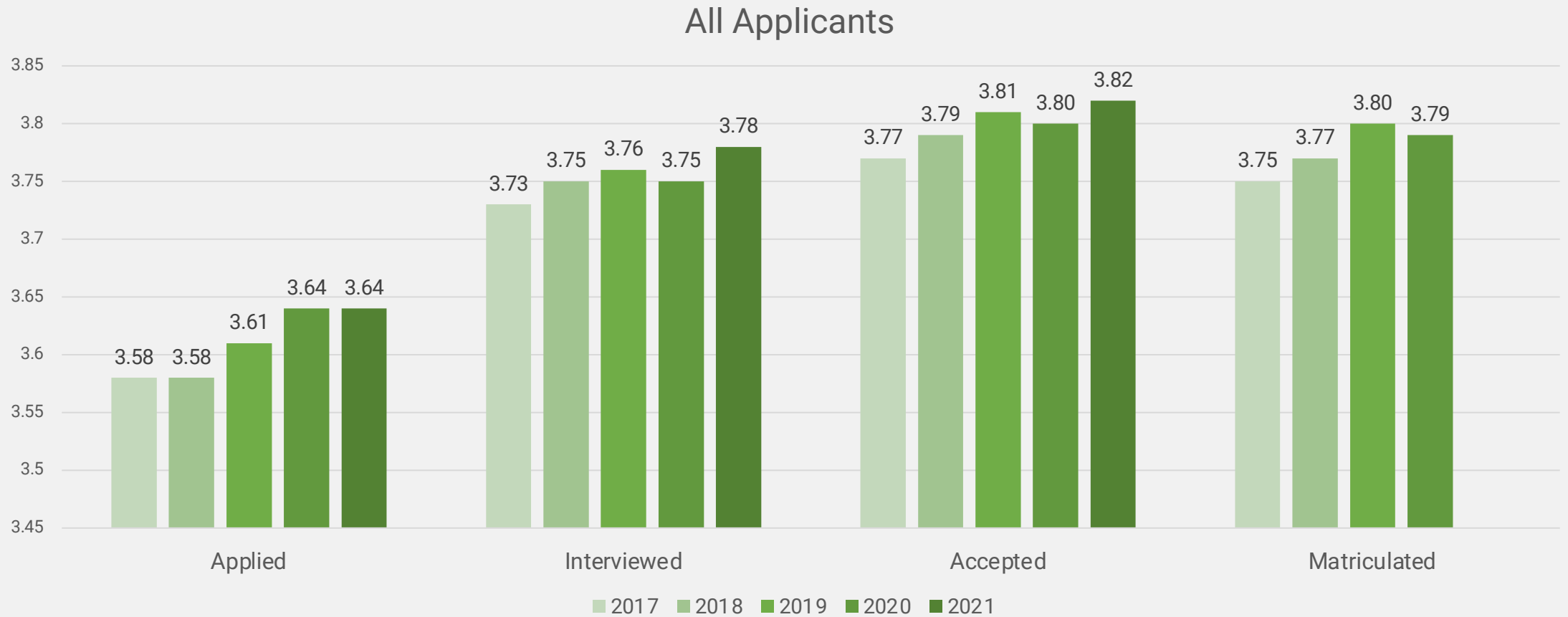
EY 2021 Averages

	Applicants	Interviewed	Accepted
GPA	3.64	3.78	3.82
MCAT	506.4	510.4	512.3

Total MCAT Score



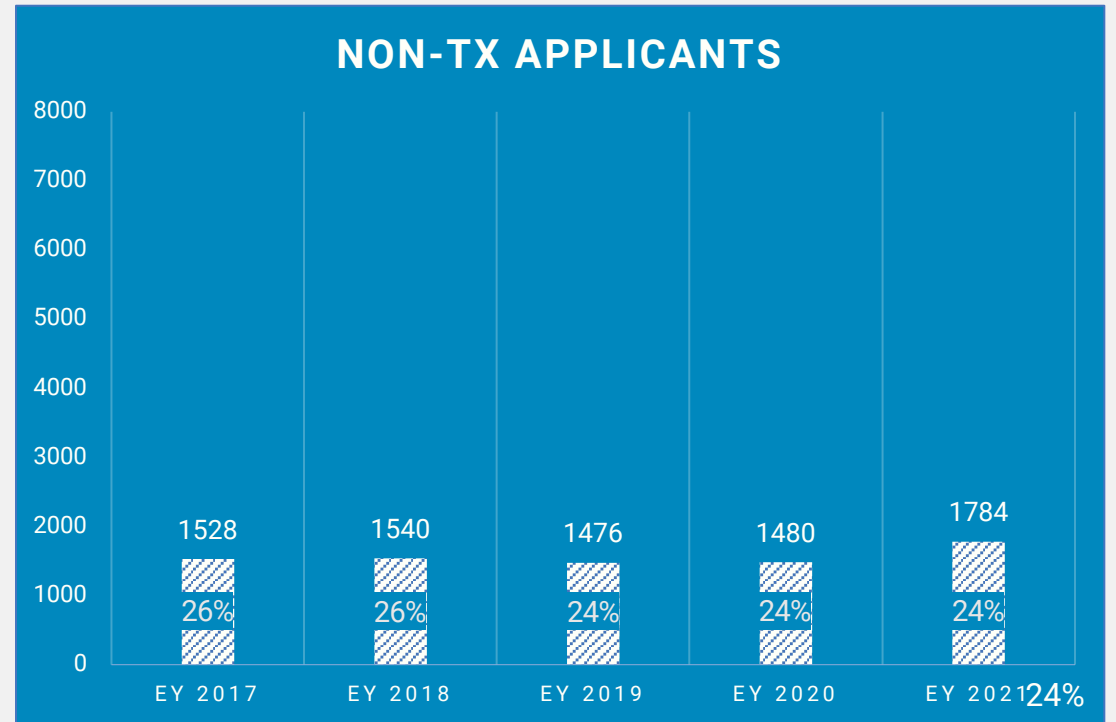
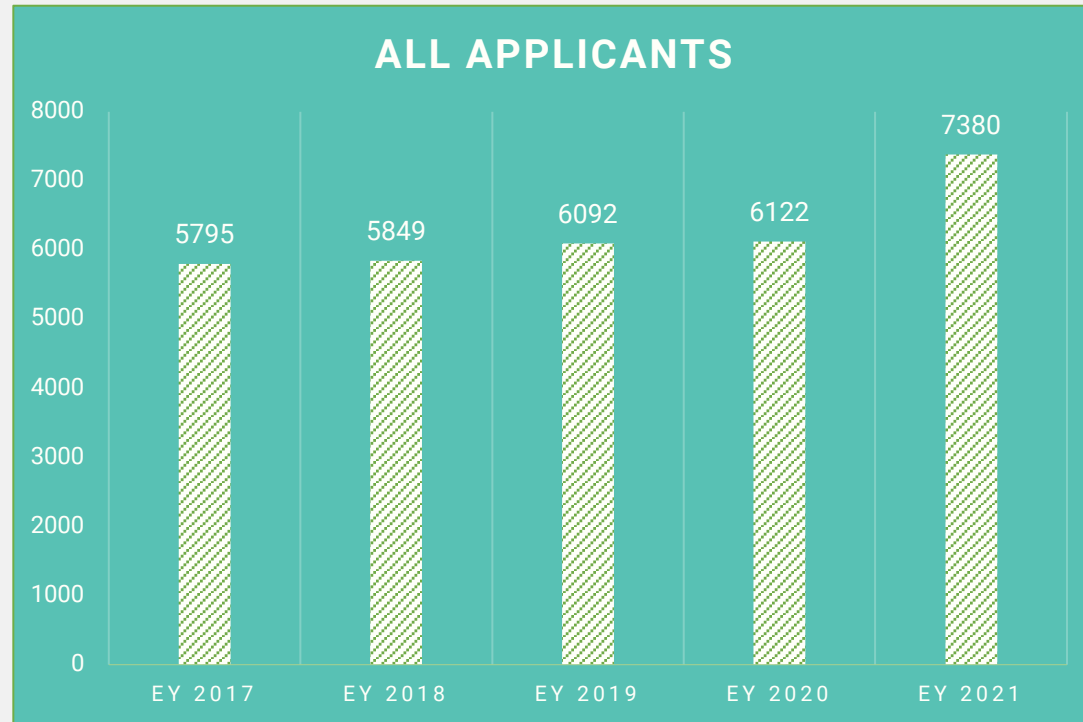
GPA



What does the admissions data say about out-of-state applicants to TMDSAS schools?

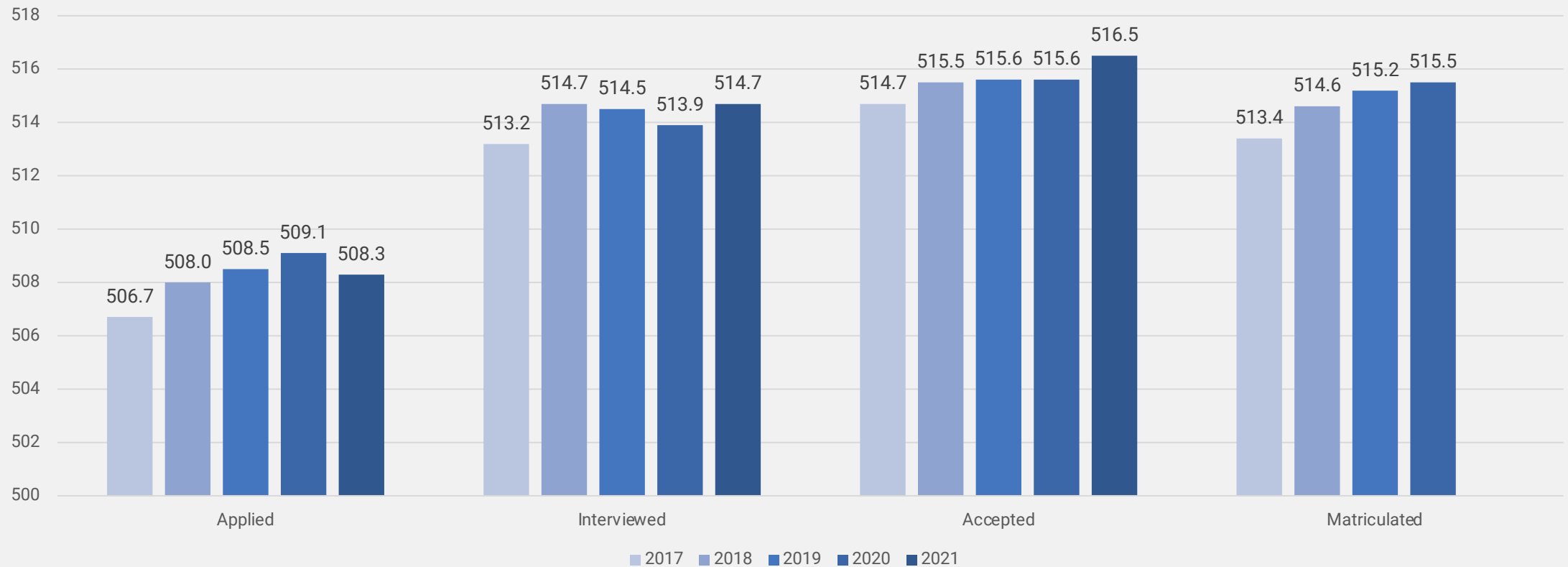


Medical Applicants by the Numbers



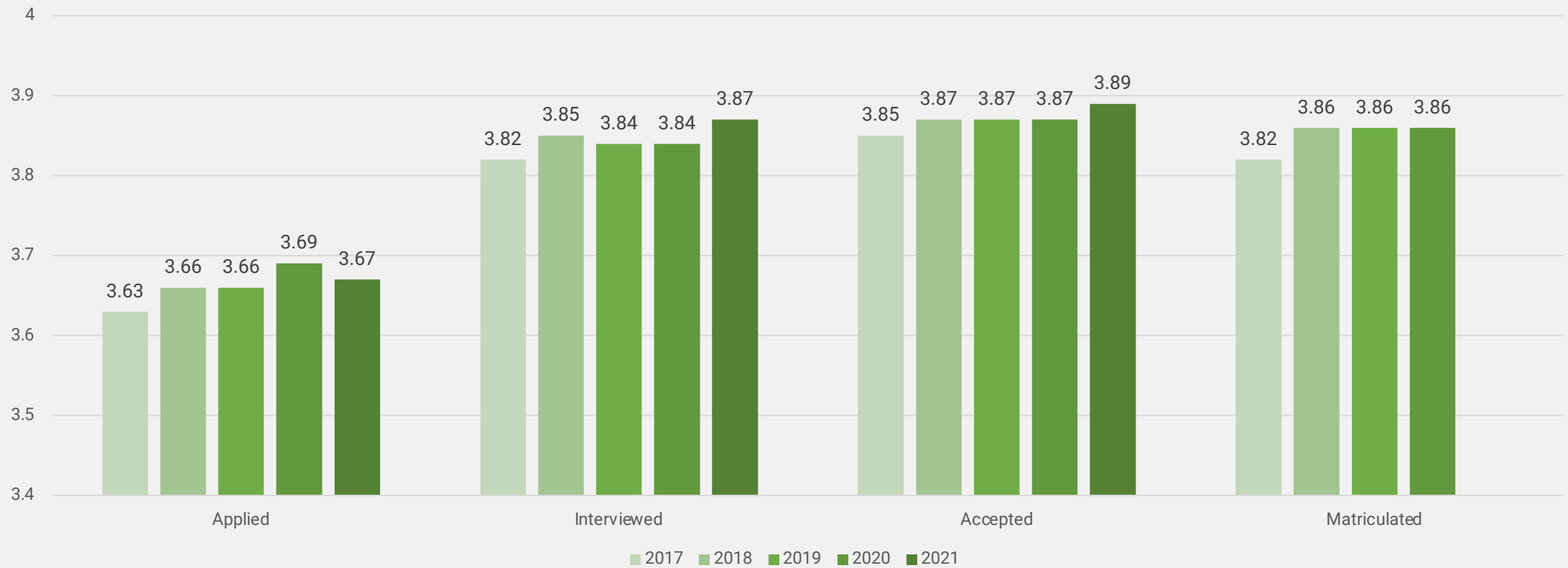
Total MCAT Score

Non-Texas Resident Applicants



GPA

Non-Texas Resident Applicants



How can I showcase my strengths through my application?

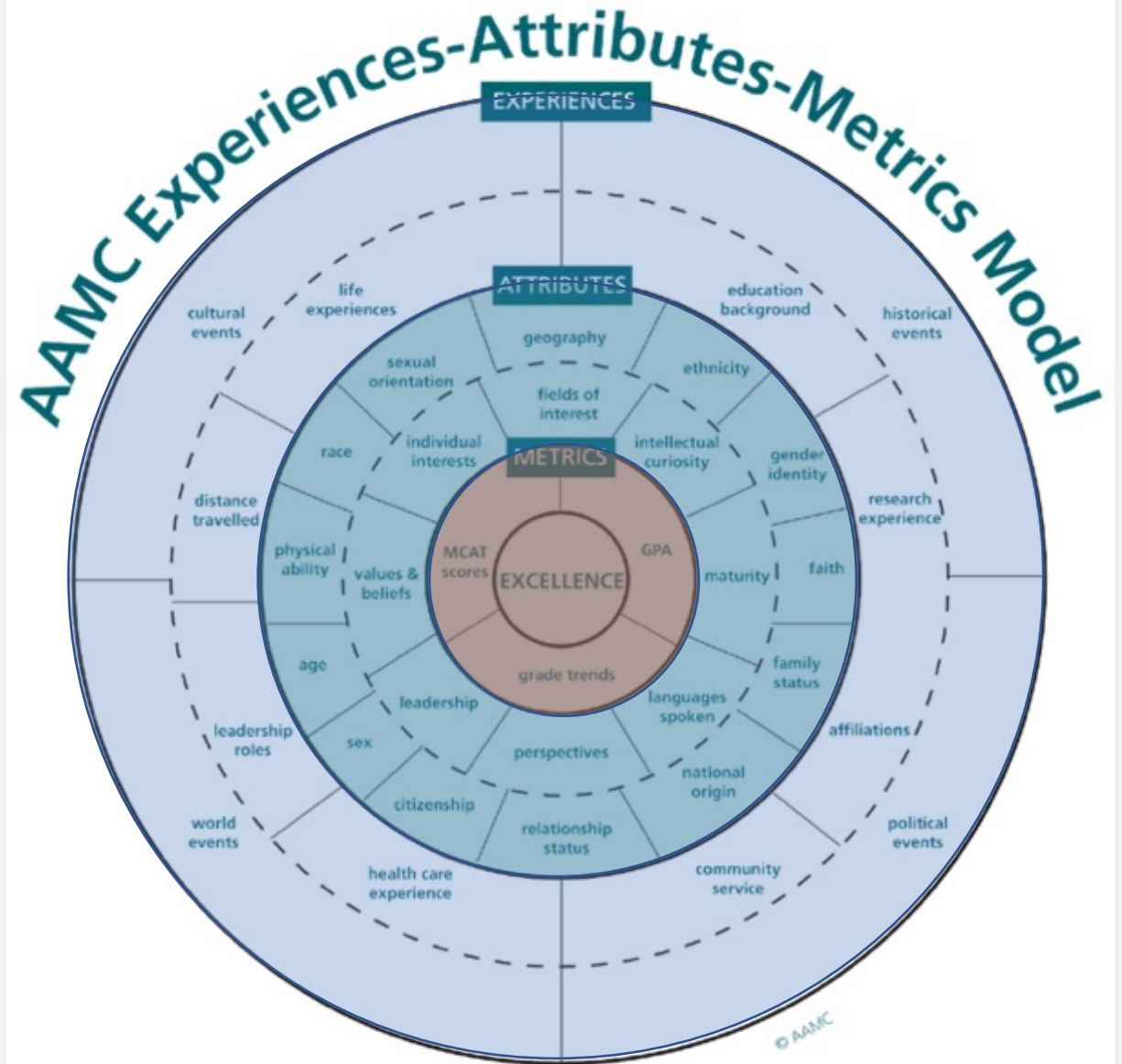


Understanding Holistic Review

Experiences – What does your path look like?

Attributes – Who are you?


Metrics – Can you handle the academic rigor?



Adapted from Workforce America: Managing Employee Diversity as a Vital Resource, McGraw-Hill Publishing, 1990.

Personal Biography

AppTips

- Select the best category for each activity
 - Healthcare/Employment: If an activity fits in *both* Healthcare and Employment, you may enter it in both.
 - Leadership: If any activity results in a leadership role, it may be entered in both sections
- You have 300 Characters per activity
- Meaningful Experiences get 500 characters
 Don't miss this opportunity!

Categories:

- Academic Recognition
- Non-Academic Recognition
- Leadership
- Employment
- Research Activities
- Healthcare Activities
- Community Service
- Extracurricular and Leisure
- Planned Activities

Opportunities to Showcase YOU

Medical Personal Statement

- Explain your motivation to seek a career in medicine and the value of your experiences that prepare you to be a physician (5000 characters)
- **TIP:** Use STAR - Situation, Task, Action, Result

Personal Characteristics

- Describe your personal characteristics or experiences that add to the educational experience of others (2500 characters)
- **TIP:** Which core competencies are your strengths?

Optional Essay

- Briefly discuss anything relevant that is not mentioned elsewhere (2500 characters)
- **TIP:** Your opportunity to address the admissions committee

Pick Evaluators Who Know Your Story/Speak to Your Attributes

What Your Letters Tell the Schools:

- Assessment for your suitability for the rigors of medical school
- Perspective to corroborate the strengths, competencies, activities in your application
- Description of the unique contributions you bring to the medical profession

AppTip

Select evaluators that speak to the core competencies you've mastered.

- Volunteer Coordinator – Ethical Responsibility, Accountability
- Supervisor – Leadership, Teamwork
- Advisor – Resilience and Adaptability
- Physician – Critical Thinking, Living Systems
- Research (PI) / Professor – Scientific Inquiry

Am I considered a
“non-traditional” applicant?



Defining “Non-Traditional”

Typically, there are two definitions:

1. An applicant who is at least 25 years old
2. An applicant who has taken a break in education (for whatever reason) or has faced unique circumstances such as changing careers, supporting a family, etc.

TMDSAS allows applicants to self-identify as non-traditional and address how these factors impact your application (1000 characters)

Myth: I have to go to professional school right after undergrad

It depends on you



- ✓ Going to professional school right after completing their undergraduate degree
- ✓ Enrolling in post-baccalaureate/graduate programs
- ✓ Going on a different path or building your own path
- ✓ Taking a “gap” or enrichment year (or several)

How does the TMDSAS Match work?



Medical School Acceptances

Texas Resident

- Pre-Match offers begin October 15
 - Considered an acceptance to a school
 - Not very common
- Participate in TMDSAS Match
- Rolling admission following Match

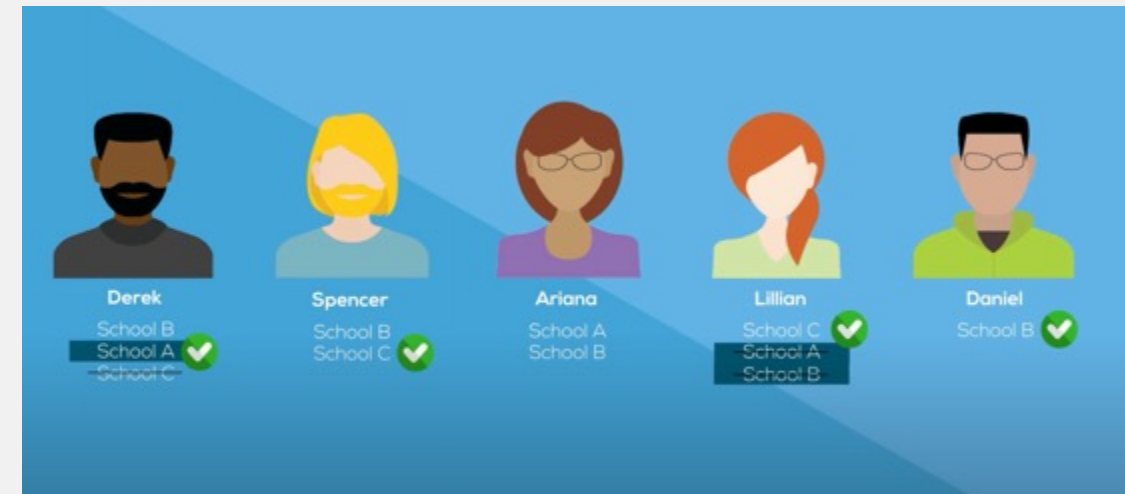
Non-Texas Resident

- Admissions offers begin October 15
- Rolling admissions throughout the cycle

TMDSAS Match

TMDSAS Match is conducted to confirm pre-match offers and fill the remaining open slots for the medical schools.

- Pre-Match
 - You've secured a match to a medical school
 - No pre-match? No problem! You are still eligible
- Your Match Preferences
 - Prioritize list of schools you'd like to attend
 - If you match to a school that is lower on your list, all schools you listed above remain active. Those below are withdrawn.
- [Watch the match video](#) and [learn more at TMDSAS.com](#)



Why is it important to apply
early?



Myth: I have to apply early

HIGHLY ENCOURAGED!

The TMDSAS application is only the first step

- You can submit without letters of evaluation, test scores, transcripts

Many schools will send secondary invitations only after receiving the TMDSAS application

The longer you wait, the less time you have to maximize interview date availability



Application Timeline *for* Medical Applicants

May



July



Deadline



May

June

July

August

September

October

November

December

January

February

March



Working on TMDSAS Application



TMDSAS Processing



School Application Review
and Interviews



JAMP

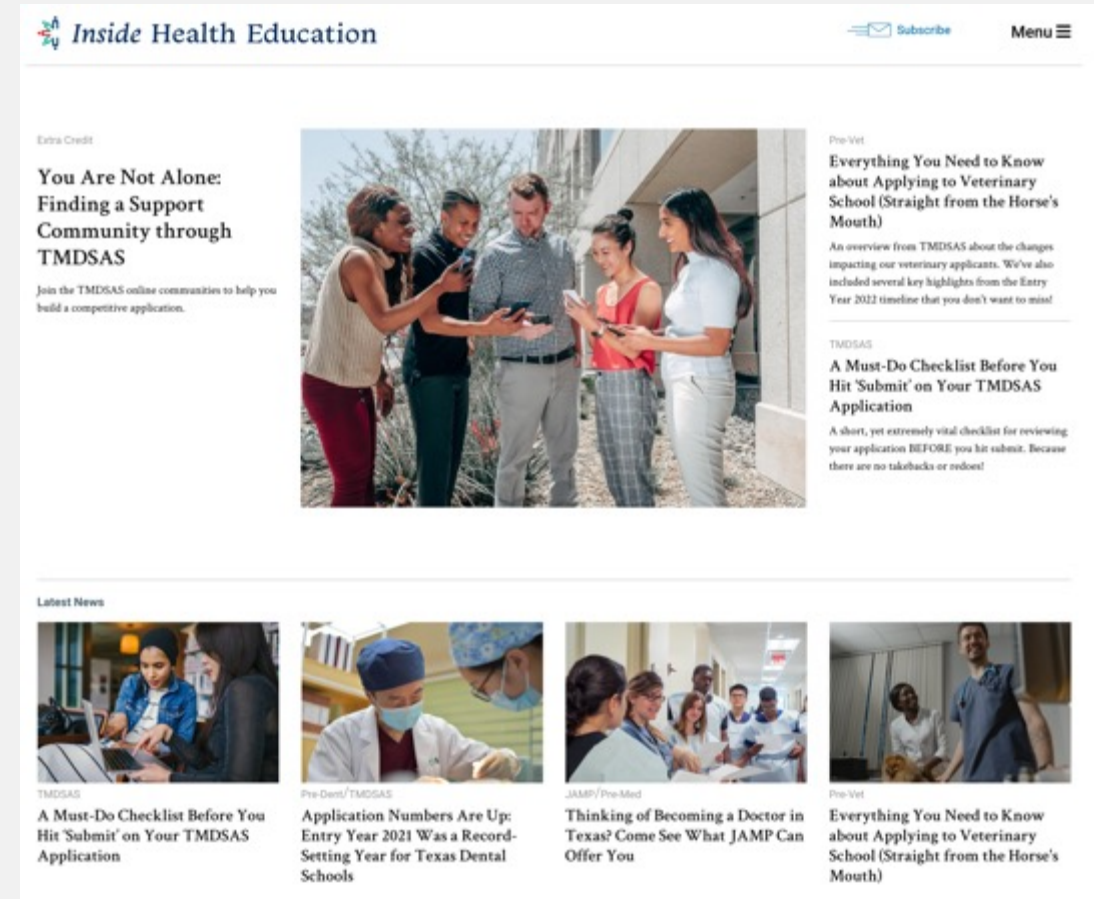
What resources are there
if I'm applying to Texas
schools?



Get in the know with *Inside Health Education*

Inside Health Education provides:

- Accurate and helpful educational resources about pre-health journey
- Targeted support to help you make the best decisions for your journey
- Feedback directly from professional schools, pre-health advisors, and professional organizations



The screenshot shows the homepage of the Inside Health Education website. At the top, there is a navigation bar with the logo, a 'Subscribe' button, and a 'Menu' icon. The main content area features a large article titled 'You Are Not Alone: Finding a Support Community through TMDAS' with a sub-headline 'Extra Credit' and a brief description. To the right of this article is a large image of a diverse group of students looking at a smartphone. Below the main article, there is a 'Latest News' section with four smaller article thumbnails. Each thumbnail includes a small image, a category label (e.g., 'TMDAS', 'Pre-Dent/TMDAS', 'JAMP/Pre-Med', 'Pre-Vet'), and a headline. The thumbnails cover topics like 'A Must-Do Checklist Before You Hit 'Submit'' and 'Application Numbers Are Up: Entry Year 2021 Was a Record-Setting Year for Texas Dental Schools'.

Inside Health Education

Subscribe Menu

You Are Not Alone: Finding a Support Community through TMDAS
Extra Credit
Join the TMDAS online communities to help you build a competitive application.

Everything You Need to Know about Applying to Veterinary School (Straight from the Horse's Mouth)
Pre-Vet
An overview from TMDAS about the changes impacting our veterinary applicants. We've also included several key highlights from the Entry Year 2022 timeline that you don't want to miss!

A Must-Do Checklist Before You Hit 'Submit' on Your TMDAS Application
TMDAS
A short, yet extremely vital checklist for reviewing your application BEFORE you hit submit. Because there are no takebacks or redoes!

Latest News

A Must-Do Checklist Before You Hit 'Submit' on Your TMDAS Application
TMDAS

Application Numbers Are Up: Entry Year 2021 Was a Record-Setting Year for Texas Dental Schools
Pre-Dent/TMDAS

Thinking of Becoming a Doctor in Texas? Come See What JAMP Can Offer You
JAMP/Pre-Med

Everything You Need to Know about Applying to Veterinary School (Straight from the Horse's Mouth)
Pre-Vet

You Are Not Alone: Find a Support Community through TMDSAS

Join our official online communities to help you engage with other applicants - both aspiring and current - to foster collaboration, support, and share success stories along the road to professional school.

Join an Online Community

- ♦ [TMDSAS Hub](#)
- ♦ [TMDSAS Non-Traditional Students](#)



Pre-Health Support in Your Feed

Courage Sessions

➤ Live Q&A sessions

Streamed live to Facebook, recordings available on YouTube



IHE Podcast

➤ Peek behind the scenes with admissions, advisors, and professionals

All 85+ episodes available in your podcast feed at Apple Podcasts, Spotify, etc.



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